

## Mitchell Rice-Brading | Manager

Mitch has a long-standing interest in mental health and wellbeing outcomes, stemming from his psychology degree and ongoing volunteer work. His passion lies in translating complex data into practical, people-focused solutions ensuring clients have the understanding they need to drive thoughtful, lasting change.

Mitch is highly experienced in both qualitative and quantitative research. Building on his experience providing peer support for cancer patients and their families, he is skilled at engaging sensitively with people about difficult topics. Mitch also brings strong systems thinking capability, understanding how individual experiences connect to broader structures for sustainable improvement.



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*Everyone deserves the opportunity to live a healthy and fulfilling life. By engaging in genuine two-way dialogue, evaluation provides an opportunity to be involved in the decision-making processes that influence quality of life.*

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### Education:

- Bachelor of Psychological Science (Hons), Australian Catholic University, 2021
  - Graduate Diploma of Psychology, Charles Sturt University, 2020
  - Bachelor of Science, University of Sydney, 2018
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### Sector experience: Mental health and suicide prevention

Mitch thinks critically about evaluation and analysis approaches in the mental health and suicide prevention sector. He is particularly skilled at facilitating interviews, spending time at the start of evaluations to understand his clients' needs. Mitch's strength in building rapport with people from diverse backgrounds, allows him to effectively tailor proposed methods to what makes sense and provides value for the client.

- Evaluation of the National Suicide Prevention Initiatives (Department of Health, Disability and Ageing, 2024–2026)
  - Organisational Monitoring, Evaluation, and Learning Framework (Emerging Minds, 2025–2026)
  - Review of Mental Health Emergency Care Services in Emergency Departments (NSW Health, 2023–2024)
  - Evaluation of Towards Zero Suicides Initiatives (NSW Health, 2020–2024)
  - Organisational Monitoring, Evaluation and Learning Framework (Family Life, 2023–2024)
  - NSW Suicide Prevention Framework Evaluation – Year 1 (NSW Mental Health Commission, 2023)
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### Sector experience: Children and young people

Mitch is passionate about youth mental health and is committed to understanding how to create supportive environments that empower young people to thrive. He is experienced in managing sensitive topics with children, young people, and their families, having provided peer support to cancer patients and families in volunteer roles in the nonprofit sector.

- Be You Postvention Support Service Evaluation (Beyond Blue, 2024–2026)
  - Be You Evaluation (Beyond Blue, 2024–2026)
  - i.am Youth Aftercare Evaluation (New Horizons, 2025–2026)
  - Review of the Solid Ground Pilot Program (ACT Domestic, Family and Sexual Violence Office, 2024–2025)
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- Implementation and Outcomes Evaluation of the Child and Youth HOPE Program (Victorian Department of Health, 2022–2025)
- Review of Healthy Eating and Living Programs for Aboriginal People and Communities (NSW Health, 2022–2023)
- COVID Intensive Learning Support Program (NSW Department of Education, 2022–2023)

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